



SENIOR CENTER NEWSLETTER

April 2023



Dear Friends,

As Mayor, I participated in **in Meals on Wheels of Mercer County "Community**

Champions Week," joining local volunteers to deliver meals to program participants to generate public awareness about senior hunger and isolation, to celebrate the invaluable services provided by the various meals on wheels programs, and to recruit new volunteers and support for the program. The Meals on Wheels of Mercer County program helps homebound and elderly residents to maintain their independence, health and well-being through

delivery of a meal Monday through Friday by volunteers in East Windsor and other Mercer County communities. Individuals with mid-day availability can **volunteer** according to their availability to deliver meals to local seniors. The program is made possible by the generous support of volunteers who deliver the meals and provide daily contact to the homebound and elderly. For more information regarding the Meals on Wheels program, contact Meals on Wheels of Mercer County at (609) 695-3483 or visit www.mealsonwheelsmercer.org/.

East Windsor is holding **Document Shredding and Electronics Recycling Event on Saturday, April 15 from 10 A.M. to 2 P.M.,** rain or shine, at the East Windsor Senior Center. This Township event, sponsored by Mayor and Council Members, will offer **Free document shredding to East Windsor residents (no commercial drop-offs are permitted)**, with a limit of ten boxes per household, and until the shredding truck is full. Electronic recycling is limited to televisions, computers and accessories, monitors, fax machines, VCR's, cable boxes and telephones. **Residents must remain in their vehicles at all times.** For further information, call (609) 443-4000, ext. 215.

East Windsor kicks off Distracted Driver "U Drive, U Text, U Pay" Campaign underwritten by \$7,000 Distracted Driving Enforcement Grant, to run thru April 30. The \$7,000 NJ Division of Highway Traffic Safety "U Drive, U Text, U Pay" grant, part of a statewide initiative, is for targeted enforcement of distracted driving behaviors, such as texting, holding a cell phone, grooming, reading, and using other electronic devices while driving. This initiative is geared to promote the responsible operation of motor vehicles for everyone through increased public awareness and education as well as enforcement of existing state distracted driving laws. Motorists should give their full attention to the roadway while driving and do their part to help keep our roadways safer for all drivers, passengers, and pedestrians.

Celebrate **Women's History Month** – March, and learn about the vital role of women in all fields throughout history! **Happy Spring!**

Mayor Janice S. Mironov



April Newsletter Info

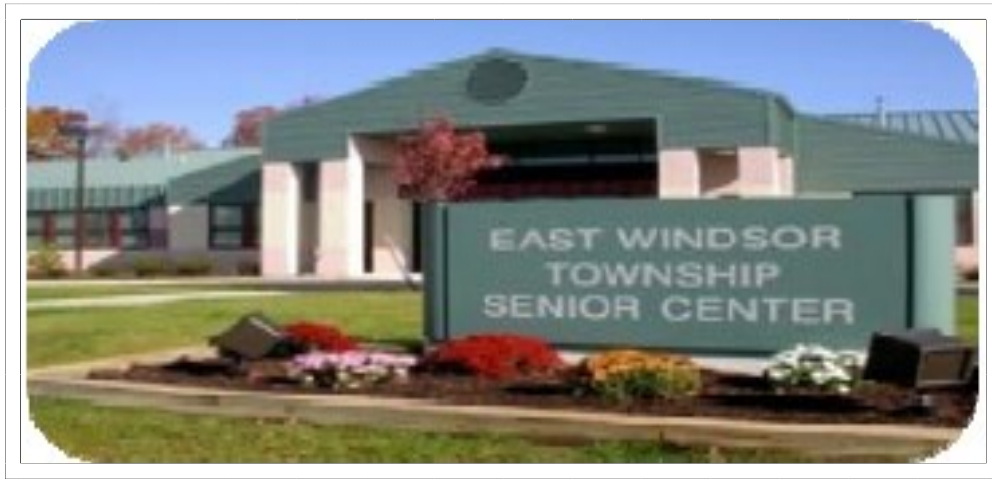
**Sign up begins IN-PERSON
Monday, April 3 @ 8:45 am**

Sign up sheet can be found
in the lobby of the senior center.

TRIPS SIGN UP

April 3rd, 4th, 5th (deadline on the 5th is 12:00 pm)

Sign up sheets will be
located in the Art Room



The East Windsor Senior Center is dedicated to helping residents age 60+ reach their full potential to ensure a lifelong continuum with a focus on program participation that fosters a productive life in the community.

The center offers members a broad range of services, including presentations, classes, health screenings, lectures, nutrition program, trips, special events, activities, and links to county and state resources. The center is open Monday through Friday from 8:00 am until 4:00 pm.

There are many exciting things planned for the upcoming months and years ahead, building on the foundation that is already in place, helping you to stay healthy, vibrant, and entertained.

Join us, make new friends, meet old friends, and learn how to maintain your health, independence, and overall wellness.



East Windsor Township Senior Center
40 Lanning Boulevard
East Windsor, NJ 08520
(609) 371-7192
Email: seniorcenter@east-windsor.nj.us

Kelly Roman
Senior Center Director

Rebecca Liming
Program Coordinator



Janice S. Mironov, Mayor
Marc Lippman, *Deputy Mayor*
Denise Daniels, *Council Member*
Alan Rosenberg, *Council Member*
David Russell, *Council Member*
Peter V. Yeager, *Council Member*
John Zoller, *Council Member*

COVID Safety

As we welcome our seniors back indoors, it is important to be mindful of our health and safety. We are prepared with a clean and sanitized building with hand sanitizing stations throughout the center.

Current guidance **does not require** individuals to be masked when indoors . While COVID is still around and able to spread, especially with the concerns of new variants and sub variants, it is an individual's choice to mask or not when indoors. We will have plenty of masks available at the front desk.

To protect our community, please stay home if you are not feeling well. Wash your hands frequently and stay up to date with boosters.

STAY HEALTHY

Remember to Sign Up



Reminder

Most programs in the newsletter require sign up.

Be sure to read the program you are interested in for details.

Township Information

E-News Updates

IMPORTANT: Residents Are Encouraged to Register and Urge Other Residents to Register to Receive E-News Updates. E-News is used for alert communications in significant weather and service impacted situations, as well as generally weekly to provide information on new businesses and stores, roadway projects, grants, special events and other subjects of public interest. ([CLICK HERE](#)) or visit the East Windsor Township website at www.east-windsor.nj.us to register for E-News. East Windsor officials seek to expand resident subscribers. **PLEASE SEND THIS E-NEWS INFORMATION TO YOUR EAST WINDSOR FRIENDS AND FAMILY ENCOURAGING THEM TO SIGN-UP**

<https://www.east-windsor.nj.us/e-news>

Are you signed up for Nixel?

Nixle communications system enables immediate text messages to **registered** cell phones and email addresses, to alert residents and businesses about safety and health subjects, such as severe weather conditions, traffic disruptions, road closures, flooding conditions, power outages, and important public health notices as well as other significant community updates and announcements.

<https://www.east-windsor.nj.us/nixle>



**Mercer County
Nutrition Program is closed**

Friday, April 7



**Easter Sunday
April 9**



**Begins Wednesday, April 5
at sunset**

**Ends Thursday, April 13
at nightfall**

Township Information

Document Shredding / Recycling



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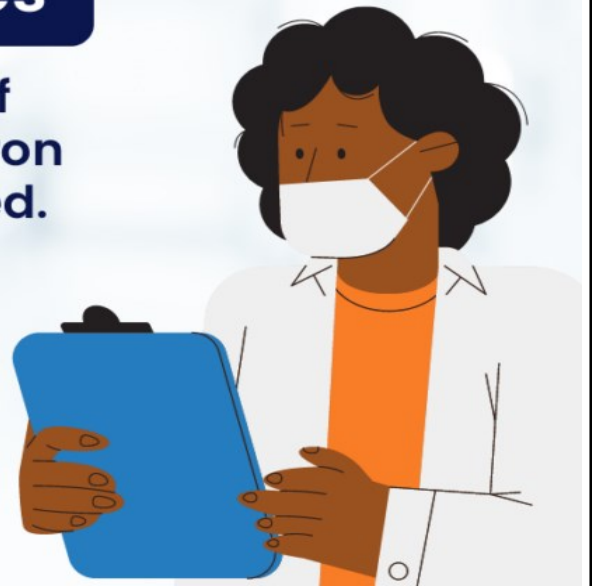
COVID-19 Booster Doses

The best way to protect yourself from COVID-19, including Omicron is to get vaccinated and boosted.

Who? Everyone ages **5** and older should get a booster.

When? At least **5** months after your second Pfizer or Moderna shot, or **2** months after Johnson & Johnson.

As of 5/19/2022



Covid Vaccinations Thursday, April 20

Location: Senior Center

Please call the Health Department to schedule your appointment
609-443-4000 ext. 222



Senior Freeze - Property Tax Reimbursement



The Senior Freeze Program reimburses eligible senior citizens and disabled persons for [property tax](#) or [mobile home park site fee](#) increases on their [principal residence](#) (main home). To qualify, you must meet all the [eligibility requirements](#) for each year from the [base year](#) through the application year.

2022 Senior Freeze Applications

We will begin mailing 2022 Senior Freeze blue booklets in mid-February, continuing throughout the month. Please allow until mid-March for delivery before contacting us. We mail PTR-1 booklets to homeowners who may qualify and preprinted PTR-2 booklets to eligible homeowners who applied last year. In addition, PTR-1 and some PTR-2 forms are available online.

The deadline for 2022 applications is October 31, 2023.

[Click Here to Access the NJ Division of Taxation](#)



JOIN US for Coffee
with Anne Blake, Certified Tax Collector

Senior Freeze Q & A at the Senior Center
Tuesday, April 18 @ 2:00 pm

Sign up required

Volunteer Opportunities

East Windsor Township Mayor and Council Encourage Citizens to Volunteer for Township Boards and Committees in the New Year.

Citizens can apply to serve on the:

- ◆ Clean Communities Advisory Committee
- ◆ Commission on Aging
- ◆ Economic Development Committee
- ◆ Environmental Commission
- ◆ Health Advisory Board
- ◆ Planning Board
- ◆ Recreation Commission
- ◆ Zoning Board of Adjustment
- ◆ East Windsor Municipal Alliance for the Prevention of Substance Abuse.



Residents interested in volunteering can obtain an application form from the municipal clerk or can fill out this form ([CLICK HERE](#)) and return by email to clerk@east-windsor.nj.us, by fax to [\(609\) 443-8303](tel:(609)443-8303), or by drop off or mail to Mayor Janice S. Mironov and Council, East Windsor Municipal Building, 16 Lanning Boulevard, East Windsor, New Jersey 08520.

For further information, call the Municipal Clerk's Office at [\(609\) 443-4000](tel:(609)443-4000), ext. 238.

Bits & Pieces

Don't Forget....

East Windsor has a Medicine Drop Box

The Township, in partnership with non-profit corporation American Medicine Chest Challenge, has installed a permanent medicine drop box to provide residents with a safe, convenient and legal option to dispose of unwanted, unused or expired medications on a year-round basis.

**The permanent drop box
is installed in the lobby of the
Police/Court Building (80 One Mile Road) and is accessible to residents on
a 24/7 basis . For additional information call (609) 448-5678, ext. 236.**

Community Bus



50 cents round trip

The Senior Center community bus is back on the road. We have enhanced our cleaning efforts to include daily disinfecting. Masks are optional while on the bus. We follow NJTransit and CDC Guidelines while on the bus. Eating and drinking are prohibited.

Shopping locations include Shop Rite, Walmart, Target, Dollar Store...
Doctor appointments must be located within East Windsor or Hightstown.

Please call the senior center to reserve your seat.

Monday and Wednesday

Hightstown area 8:30 am
Windsor Crossing area 8:45 am
Twin Rivers 9:15 am

Tuesday and Thursday

The Orchard 8:45 am
Wheaton Point 9:00 am
The Woods 9:00 am
East Windsor side of Rt.130 9:10 am
(Dutch Neck, One Mile Rd, Hickory Corner Rd...)
St. James 9:30

Our Bus is not only used for shopping but also for trips. Please understand the above schedule is subject to change.

***** UPDATED *****

IMPORTANT INFORMATION REGARDING TRIPS

- ◆ Everyone must ride the bus “round-trip.” No exceptions.
- ◆ Straying from the group outside the location of the trip is not allowed.
- ◆ Do not ask the bus driver to go to additional locations.
- ◆ See each trip description for cost.
- ◆ Masks are optional while on the bus.
- ◆ Please call the senior center to sign up 609-371-7192

April Trips



This trip is FULL

Drumthwacket Tour Official Residence of the Governor and Princeton Walk



After the tour, enjoy a little free time in Princeton.

Date: Friday, April 14

Departure Time: 10:15 am
Return Time: 2:30 pm approximate

Community Bus Cost: 50 cents given to driver on day of trip

This trip is FULL



Date: Saturday, April 29

Departure Time: 1:15 pm
(Doors open 1:30 pm, Show Starts 2:00 pm)

Return Time: 4:30 pm approximate

Cost: \$18.00 exact cash or check

Community Bus Cost:
50 cents given to driver on day of trip

Atlantic City Resorts Casino

Date: Wednesday, April 19
Departure Time: 9:00 am
Return Time: 6:00 pm approximately

Cost: \$25.00 Exact cash or check

\$15 free slot play

Coach Bus



IMPORTANT

Starr Transport requires payment by EWT in advance, therefore, this trip is non-refundable. If you should need to cancel after payment, please see front desk.



May Trips



Doolan's Kentucky Derby - Jersey Style

Come and celebrate the derby with your own hat creations. Order up your favorite drink while singing "My Old Kentucky Home." Enjoy the racing of stick horses and enjoy the band, food, and comedian—"Kentucky Style."

Date: Wednesday, May 3
Departure Time: 10:00 am
Return Time: 4:45 pm approximately
Cost: \$60.00 exact cash or check

Community Bus:
50 cents given to driver on day of trip

One Hour Open Bar
Fresh Garden Salad and soup

Caterer's choice of:

- ◆ Beef Brisket
- ◆ Chicken Kiev
- ◆ Herbal Salmon

Dessert
Coffee/Tea
Wine and Soda served during lunch

Christmas Tree Shoppes Brock Farms Home & Garden Freehold Mall

Date: Tuesday, May 9
Departure Time: 9:00 am
Return Time: 2:30 pm approximately

A lot of walking

Community Bus Cost:
50 cents given to driver on day of trip

Christmas
Tree Shoppes®



freehold
RACEWAY MALL

Columbus Market Indoor and Outdoor Vendors



Date: Thursday, May 18
Departure Time: 9:30 am
Return Time: 1:30 pm approximately

A lot of walking

Community Bus Cost:
50 cents given to driver on day of trip

Things to do...No sign up required

Visit our new Stationary Equipment Room

New Hours: 8:30 am - 3:30 pm M-F

There will be an attendant in the room to assist and answer any question you may have.



- ◆ 4 Stationary Bikes
- ◆ 2 Treadmills
- ◆ 1 Elliptical
- ◆ 1 Rower



Sneakers are required to use the equipment



Game Room

Pool Tables
Ping Pong
Bridge and Card Games
Board Games
Puzzles

Monday thru Thursday
9:30 am - 11:30
No Bingo on Friday

BINGO				
1	27	33	48	75
8	19	45	56	61
3	18	FREE SPACE	49	69
15	26	41	53	66
2	21	37	46	65



Bridge Club
Every Day at
1:00 pm



Chess Club
Every Wednesday
1:00 pm



Computer Room

The computer Room has 8 new computers. These computers are first come, first served.



Our Library
We accept book donations

No iphone tutor for the month of April



iPhone 101 1-Hour Private Sessions

By appointment only

Are there features on your cell phone you don't know how to use?

- ◆ Texting
- ◆ Using Apps
- ◆ Retrieving email
- ◆ Using camera and video
- ◆ Using the internet
- ◆ Playing games
- ◆ Changing settings
- ◆ Installing updates
- ◆ Setting alarm/using calculator
....and so much more.

Just ask the tutor!

Computer Tutoring 30-Minute Private Sessions

Monday, April 3, 10, 24
By appointment only

- ◆ Are you a beginner with no experience using a computer? You can do it!
- ◆ Have you never used a computer?
- ◆ Learn how to maneuver the mouse.
- ◆ Do you need help with email?
- ◆ Do you want to print from your computer?
- ◆ Do you want to play Solitaire?
- ◆ Do you need help changing the settings?

Just ask the tutor!



TED TALKS

Tuesday, April 25
10:30 am

VIDEO:

Why great leaders take humor seriously
Jennifer Aaker and Naomi Bagdonas

[CLICK HERE](#) to view video

Coin Club Meeting

Tuesday, April 4
2:15 pm



Do you collect coins? Trade coins?
Join John Guarniere as he will lead the Coin Club Meeting.

Meeting Moderator; John Guarniere

SIGN UP REQUIRED



Tuesday, April 4
2:00 pm

Test your knowledge
Work your brain
Exercise your memory

Special thanks to our moderator
Terry Goldstein

SIGN UP REQUIRED

Interactive Programs **Sign Up Required**

Paint by Numbers

\$5.00 pp

(one-time fee for materials)

****Limited Supply****

Every Friday @ 10:30 am

April 7, 14, 21, 28



- ◆ Painting choice may vary
- ◆ Sign Up Required

Crafts with Patti Tissue Paper Flowers

Thursday, April 27

1:00 pm

These tissue paper flowers will be used to display at the Mother's Day Luncheon.

The more you make, the more you'll get to keep!

Instructor:
Patti DeCristofaro

**SIGN UP
REQUIRED**



There has been a change to the Current Events schedule. We will now meet every other month.

The schedule for 2023:

2:00 pm

May 8
July 10
September 11
November 13

**We will be back
in May**

Join this monthly interactive discussion as we bring topics of the month to the round table.

Moderator: Terry Goldstein



Writers Group

Friday, April 14
10:00 am

Our Writing Instructor: Nancy Cathers Demme

Nancy welcomes you to try your hand at short fiction, memoir, and/or poetry.

Bring 1-2 pages of your own work to read and discuss with other writers or create a writing based on the following prompt:

Mind one's P's and Q's

"SIGN UP REQUIRED"

Presentations — Sign Up Required

Estate Planning and Updating

Tuesday, April 18
10:30 am

Any person over 18 should consider having a will, Durable General Power of Attorney, and a Healthcare Proxy (or similar health document). The documents can eliminate stressful legal emergencies in the future.

While you can make your own decisions known, you should put them in writing and have those important conversations with those you are appointing, and other family members

Presenter,
Archer Brogan



Stress Awareness

Thursday, April 20
10:30 am

Stress Awareness Month has been held every April since 1992 to raise awareness of the causes and cures for our modern-day stress epidemic. It is the time when we have an opportunity for an open conversation on the impact of stress.

Presenter,
TCNJ Nursing Students



Library Education

Wednesday, April 19
10:30 am

Intro to Flipster and PressReader

Hickory Corner librarian Mary Astarita will discuss two digital resources offered with your Mercer County Library System library card.

PressReader gives you a great selection of newspapers and magazines on business, tech, news, science, design, sports, travel, and more.

Flipster lets you read top magazines covering such topics as business, leisure, fashion, product reviews, current events.

Presenter:
Mary Astarita
Librarian



Tinnitus Are your Ears Ringing?



Monday, April 24
10:30 am



Tinnitus is the perception of hearing a noise inside the head or ears when no external sounds are present. This is commonly known as “ringing in the ears.” Tinnitus can range from mild to debilitating and affects everyone differently.

Join Dr. Brady as she educates us on symptoms, diagnosis, and treatment.

Presenter,
Dr. Jane Brady, Au.D, FAAA
Horizon Audiology

Presentations - Sign Up Required



Using Your Wits

◆ Sign up for current month only

We all know that physical fitness is an important component of healthy aging but did you know that your brain needs a workout too in order to maintain or improve its performance?

Using Your Wits has been developed by Lisa Bayer, from Always Best Care Senior Services, and is an informative, fun and interactive series on keeping our brains healthy as we age. Prior to joining ABC, Lisa was the director of a LearningRx brain training center. Each part of UYW is approximately 1 hour in length.

Thursday, April 20 @ 1:00 pm Sign up in April

Using Your Wits Part 2 provides an overview of our cognitive skills and goes into greater detail about our brain's anatomy and where each cognitive skill resides in the brain. We will challenge our brains with fun and interactive cognitive fitness, including optical illusions and will discuss games that you can play to improve your memory.

Thursday, May 25 @ 1:00 pm Sign up in May

Using Your Wits Part 3 will, again provide an overview of what our cognitive skills are and will provide information on brain nutrition and what foods to eat for optimum brain health. We will finish with food related cognitive fitness exercises hitting on all of our brain skills to feel them hard at work

Thursday, June 22 @ 1:00 pm Sign up in June

Using Your Wits Part 4 will, again, provide an overview of what our cognitive skills are and how they work, with a greater emphasis on memory. We will explore mnemonic devices, the tips and tricks we can use to help us remember things more easily, in greater detail and will finish with some cognitive fitness exercises to give our brains a good work out

Thursday, July 20 @ 1:00 pm Sign up in July

Using Your Wits Part 5 delves into the importance that sleep plays for good brain health. We'll discuss the correlation between sleep and dementia, the reasons that we often don't sleep well and how to promote quality sleep. The different stages and chronotypes of sleep will also be discussed and we'll engage our brains with some interactive and stimulating brain fitness.

SIGN UP REQUIRED

Entertainment

Abe Ovadia Jazz Entertainer

Friday, April 21
1:00 pm

Enjoy the sounds of Abe Ovadia and as he reimagines The American Songbook. From Wes Montgomery to Benny Golson, this is a show to be enjoyed by all music lovers. You will be sure to hear some high-energy, improvisational interplay.

Bio:

Having emerged as one of the preeminent guitarists on the New York City jazz scene, according to Times Square New York City "you can always count on him [Ovadia] to happily claim the responsibility of playing some world-class jazz."

Abe Ovadia holds a bachelor's degree from Berklee College of Music, and a master's from New York University's highly acclaimed jazz performance program. He is also the recipient of the Best Guitarist of 2016 Award from Hot House Jazz Magazine. Prepare to be serenaded.



Sign Up Required

Social Gatherings

Book Club

Thursday, April 27
10:30 am - 11:30 am

Facilitator: Sharon Galbraith Ryer
Hickory Corner Library

Book: *Our Missing Hearts*
By Celeste Ng



SIGN UP REQUIRED

Pin Cushion Corner



Every Tuesday
@ 1:00 pm

Bring your knitting, crochet projects, or needle-point and socialize with others while working on your project.

SIGN UP REQUIRED



Afternoon Coffee and Chat @ the Senior Center

Tuesday, April 18 @ 2:00 pm

Special Guest Speaker:
Annie Blake, Certified Tax Collector

Senior Tax Freeze Q & A



“Dine Around” is Back!

Let's meet for lunch once a month. We will choose a local eatery for you to enjoy with members of the senior center.

Tuesday, April 25 @ 12:30 pm

Red Robin
325 Marketplace Blvd
Hamilton



IMPORTANT: We make reservations based on sign-up. The restaurants take time to arrange tables with place settings and may have to hire help to accommodate us. PLEASE call us if you need to cancel.

This is a pay on your own event.

SIGN UP REQUIRED



SIGN UP REQUIRED

Medicare Counselor



Open enrollment for Medicare Advantage plans ends March 31, 2023.

The Medicare counselor will still be available to help you with all of your Medicare questions, such as:

Will you soon be eligible for Medicare and need information on obtaining Parts A and B and understanding the different Medicare options, timelines, costs and benefits?

Have you recently moved from another state to New Jersey and need information on Medicare options in Mercer County, NJ?

Are you or your spouse considering retirement and need information on how Medicare works with your current plans or should you switch to Medicare?

Are you worried about the costs associated with Medicare? Would you like help learning about programs to help with the costs of Medicare and eligibility requirements.

Do you need help understanding the Medicare appeals process?

The Medicare counselor can provide unbiased information with all of these questions and more at no cost to you. For an appointment, call the Senior Center at 609-371-7192

**CALL THE SENIOR CENTER
TO SCHEDULE YOUR APPOINTMENT
609-371-7192**

April 14 and 28

Screenings - Appointment Needed

Blood Pressure Screening

Wednesday, April 5
Appointments start
@ 10:30 am



See front desk
to make your appointment

Balance Screening

Wednesday, April 26
10:30 am - 12:30 pm

Appointment needed



Township Resources



Homebound Borrowing

The Mercer County Library System offers free home delivery of books, movies, audiobooks and music CDs to patrons unable to visit the library in person. If you are homebound or know someone who would benefit from this service, please contact Donna Wolfe, 609-883-8292 or dwolfe@mcl.org.

Library volunteers will deliver books and other library materials to homebound patrons who are registered for the Home Borrowers' Service.

If you are homebound or know someone who could benefit from this service please contact:

Donna Wolfe
609-883-8292
dwolfe@mcl.org



Art Classes



ART CLASS

Instructor:
Patti DeCristofaro

Canvas Painting - Crafts - Projects

Stop by the front desk to sign up

6 Month Sessions

***Time:** 10:30 am - 12:00 pm OR
1:00 pm - 2:30 pm

Cost: \$30.00 Exact cash or check

**you can only choose the 10:30 am class or the 1:00 pm class*

Exercise Classes

The Senior Center offers daily (M-F) exercise classes. Please visit the front desk for a list of available classes, cost, and how to sign up.



Line Dancing

Don't forget about our Stationary Exercise Equipment Room!



Scam Reminders

IMPORTANT

A newly updated Scam Booklet has been created for the seniors in our community. Please take the time to read it. It has very important information about scams that could easily affect each of us.

[Click Here to Open PDF](#)

If you cannot open the PDF,
please see front desk for a hard copy.

DON'T GET SCAMMED!

BE SCAM SMART

Word Search

Gardening

Find and circle all of the words that are hidden in the grid.
The remaining 27 letters spell a Lady Bird Johnson quote.

F S W H E E L B A R R O W W H G E G R
U P E G S P E T U N I A S S N F N R T
C A G O R T L S O I L O C I N O W A U
H D H R R E L R O W S A T O M A E K L
S E R O O A E S S E B N I E M A E E I
I S W C U W F N S D A T R N E P L B P
A E C N U O E O H L L U O G N O O S S
L L N A I L R G P O T O N M V E U S F
P A B R L N T M N L U A G E A N I L T
I I E E O I I I U I R S G I S T O B S
N N E T C A L C V D G E E H R W O S E
W N T A C R I I Y A T G I E E A E E I
H E S W O T Z H E A T N I R D O M V S
E R G A R D E N B S E E S D H S S O I
E E O O B D R L O E C I N A G R O L A
L P H S S D E E W G N I X A L E R G D
L E V O H S A E P S M U I N A R E G H
O P P I T C H F O R K E C A R R O T S

ANNUALS	GARDEN	ORGANIC	SEEDS
BEANS	GERANIUMS	PEAS	SHOVEL
BEETS	GLOVES	PERENNIAL	SOIL
BIENNIAL	GNOME	PETUNIAS	SPADE
BROCCOLI	GREENHOUSE	PINWHEEL	SUNSHINE
CARROTS	GROW	PITCH FORK	TOMATOES
COMPOST	HOES	PLANTING	TROWEL
CULTIVATE	HORTICULTURE	RAIN	TULIPS
DAISIES	HOSE	RAKE	VEGETABLES
DIGGING	HYDRANGEA	RELAXING	WATER
FERTILIZER	LILACS	ROSES	WEEDS
FLOWERS	LILIES	ROWS	WHEELBARROW
FUCHSIA	MARIGOLDS		

Word Search

Flowers

Find and circle all of the flowers that are hidden in the grid.
The remaining letters spell a secret message - a quotation from *Romeo and Juliet*.

P L A V E N D E R A C R O A R A O S A
Y I A I N U T E P E D A N E E E R D R
S U L O I D A L G O G T L S W G C L E
I C B U Y A N T R Y H N K I O N H O B
A H A S T E R N O U N C I Y L A I G R
D R E H T A E H R N O O A G F R D I E
F Y E O B D D I H H E L E L N D B R G
O S T W L I U E Y T S M I P R Y E A A
X A A O O M R L L T N S T H O H L M M
G N G I E L L D R P I I R E C S L N A
L T F A S O F O O A H K C M G I F D R
O H U E H E E N N F C I C A W R L A Y
V E C O U M E T U O P A N E Y I O F L
E M H L E D H R T S L A R I S H W F L
C U S R S U M S F L E L R N U O E O I
I M I L S G E R A N I U M A A M R D S
T A A H T A E R B S Y B A B D T A I S
A S I T A M E L C W O R R A Y I I L S
T E L O I V B O U V A R D I A W S O E
S L I L Y S N A P D R A G O N E T E N

ALSTROEMERIA
AMARYLLIS
ANTHURIUM
ASTER
BABY'S BREATH
BELL FLOWER
BIRD OF PARADISE
BOUVARDIA
CALLA
CARNATION
CHRYSANTHEMUM
CLEMATIS

CORNFLOWER
DAFFODIL
DAISY
DELPHINIUM
FORGET-ME-NOT
FOXGLOVE
FREESIA
FUCHSIA
GERANIUM
GERBERA
GINGER
GLADIOLUS

GOLDEN ROD
HEATHER
HOLLYHOCKS
HYACINTH
HYDRANGEA
IRIS
LAVENDER
LILAC
LILY
LISIANTHUS
MARIGOLD
ORCHID

PANSY
PEONY
PETUNIA
ROSE
SNAPDRAGON
STATICE
STOCK
SUNFLOWER
TULIP
VIOLET
YARROW

Word Search

Insects

Find and circle all of the insects that are hidden in the grid.
The remaining letters spell an additional insect.

A L G U B D E B M A Y F L Y
E S O E E B E L B M U B A G
L K Y C G U B Y D A L C N A
F C L I U R P S E F S A T P
M I F L A S E L I I H T S H
O T N Y A I T R L C E E I I
S E O W L E E V A I T R L D
Q K G F E F E O L C I P K T
U C A B L R R I M A M I W E
I I R Y F K V E O D R L O N
T R D I C E S S T A E L R R
O C S O E P I R H T T A M O
H H C W G I W R A E U R S H
O P L A C E W I N G P B E R

ANTS	EARWIG	MOSQUITO
APHID	FIREFLY	MOTH
BEDBUG	FLEA	SILKWORM
BEETLE	FLIES	SILVERFISH
BUMBLEBEE	HORNET	TERMITE
BUTTERFLY	LACEWING	THRIP
CATERPILLAR	LADYBUG	TICKS
CICADA	LICE	WASP
COCKROACH	LOCUST	WEEVIL
CRICKET	MAYFLY	WORMS
DRAGONFLY		

Senior Resources

Mercer County Social Services
Adult Protective Services
Catholic Charities
East Windsor Township



Interfaith Caregivers of Greater Mercer County
Jewish Family & Children's Services
LIFE St. Francis
Meals on Wheels of Mercer County
Mercer County Board of Social Services
Mercer County Connection
Mercer County Consumer Affairs
Mercer County Legal Services for the Elderly
Mercer County Office on Aging and
Aging & Disability Resource Connection
Mercer County Surrogate
Mercer County Veteran Services
NJ Division of Deaf and Hard of Hearing
NJ Foundation for Aging
PAAD, Lifeline & Senior Gold Hotline
Ride Provide
Route 130 Connection Bus
Jewish Family Services / Secure at Home
Senior Dental Association
TRADE Transportation
Visiting Angels of Central Mercer County
Windsor-Hightstown Area Ministerium

(609) 989-4346
(609) 599-1246
(609) 443-4000
(609) 393-9922
(609) 987-8100
(609) 599-5357
(609) 695-3483
(609) 989-4320
(609) 890-9800
(609) 989-6671
(609) 695-6249

(609) 989-6661
(609) 989-6336
(609) 989-6120
(800) 792-8339
(609) 421-0206
(800) 792-9745
(609) 452-5144
(609) 989-6827
(609) 987-8121
(732) 821-9400
(609) 530-1971
(609) 883-8188
(609) 448-0103

Helpful Township Websites

Sign up for Township Municipal E-News and Special Events:

<https://www.east-windsor.nj.us/e-news>

To receive important township notifications:

<https://www.east-windsor.nj.us/nixle>

Spotlight East Windsor:

<https://www.east-windsor.nj.us/spotlight-east-windsor>

Pay Taxes Online:

<https://www.east-windsor.nj.us/pay-a-tax-bill>

